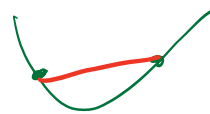


Convexity



1. $f(\mathbf{x})$ is called convex if $f(\lambda \mathbf{x} + (1 - \lambda)\mathbf{y}) \leq \lambda f(\mathbf{x}) + (1 - \lambda)f(\mathbf{y})$.
2. $f(\mathbf{x})$ is called strictly convex if $f(\lambda \mathbf{x} + (1 - \lambda)\mathbf{y}) < \lambda f(\mathbf{x}) + (1 - \lambda)f(\mathbf{y})$.
3. $f(\mathbf{x})$ is called strongly convex with a constant parameter $\mu > 0$ if

$$f(\lambda \mathbf{x} + (1 - \lambda)\mathbf{y}) \leq \lambda f(\mathbf{x}) + (1 - \lambda)f(\mathbf{y}) - \frac{\mu}{2}\lambda(1 - \lambda)\|\mathbf{x} - \mathbf{y}\|^2.$$

5. Easy to verify that $f(\mathbf{x})$ is strongly convex with $\mu > 0$ if and only if $f(\mathbf{x}) - \frac{\mu}{2}\|\mathbf{x}\|^2$ is convex. Strong convexity with $\mu = 0$ is convexity.
6. It is easy to see that

strong convexity \Rightarrow strict convexity \Rightarrow convexity.

- Example:
- ① $f(x) = |x|$ is convex but not strictly convex
 - ② $f(x) = e^x$ is convex but not strongly convex
 - ③ $f(x) = x^2$ is strongly convex

Equivalent Conditions:

- ① If $\nabla f(x)$ is continuous,

$$\text{Convexity} \Leftrightarrow \begin{cases} 1. f(\mathbf{x}) \geq f(\mathbf{y}) + \langle \nabla f(\mathbf{y}), \mathbf{x} - \mathbf{y} \rangle, & \forall \mathbf{x}, \mathbf{y}. \\ 2. \langle \nabla f(\mathbf{y}) - \nabla f(\mathbf{x}), \mathbf{y} - \mathbf{x} \rangle \geq 0, & \forall \mathbf{x}, \mathbf{y}. \end{cases}$$

$$\text{Strong convexity} \Leftrightarrow \begin{cases} 1. f(\mathbf{x}) \geq f(\mathbf{y}) + \langle \nabla f(\mathbf{y}), \mathbf{x} - \mathbf{y} \rangle + \frac{\mu}{2}\|\mathbf{x} - \mathbf{y}\|^2, \\ 2. \langle \nabla f(\mathbf{y}) - \nabla f(\mathbf{x}), \mathbf{y} - \mathbf{x} \rangle \geq \mu\|\mathbf{x} - \mathbf{y}\|^2, & \forall \mathbf{x}, \mathbf{y}. \end{cases}$$

$$A \geq B \Leftrightarrow A - B \geq 0$$

② If $\nabla^2 f(x)$ is continuous

1) Convexity $\Leftrightarrow \nabla^2 f(x) \geq 0, \forall x$

2) Strong convexity $\Leftrightarrow \nabla^2 f(x) \geq \mu I, \forall x, \mu > 0$

3) Strict convexity $\Leftarrow \nabla^2 f(x) > 0$

$f(x) = x^4$ is strictly convex, $f''(0) = 0$
but not strongly convex

Optimality Conditions:

Theorem 2.1 (First Order Necessary Conditions). For a C^1 function (first order derivatives exist and are continuous) $f(\mathbf{x}) : \mathbb{R}^n \rightarrow \mathbb{R}$, if \mathbf{x}^* is a local minimizer, then $\nabla f(\mathbf{x}^*) = \mathbf{0}$.

Theorem 2.2 (Second Order Necessary Conditions). For a C^2 function (second order derivatives exist and are continuous) $f(\mathbf{x}) : \mathbb{R}^n \rightarrow \mathbb{R}$, if \mathbf{x}^* is a local minimizer, then $\nabla f(\mathbf{x}^*) = \mathbf{0}$ and $\nabla^2 f(\mathbf{x}^*) \geq 0$ (Hessian matrix is positive semi-definite).

Theorem 2.3 (Second Order Sufficient Conditions). For a C^2 function (second order derivatives exist and are continuous) $f(\mathbf{x}) : \mathbb{R}^n \rightarrow \mathbb{R}$, if $\nabla f(\mathbf{x}^*) = \mathbf{0}$ and $\nabla^2 f(\mathbf{x}^*) > 0$ (Hessian matrix is positive definite), then \mathbf{x}^* is a strict local minimizer.

Only strong convexity $\Rightarrow \nabla^2 f(x) > 0, \forall x$.

Theorem 2.4. Assume $f(\mathbf{x}) : \mathbb{R}^n \rightarrow \mathbb{R}$ is convex.

1. Any local minimizer is also a global minimizer.

2. If $f(\mathbf{x})$ is also continuously differentiable (the same as C^1 functions), then \mathbf{x}^* is a global minimizer if and only if $\nabla f(\mathbf{x}^*) = \mathbf{0}$.

Theorem 2.5. Assume $f(\mathbf{x}) : \mathbb{R}^n \rightarrow \mathbb{R}$ is strongly convex and also continuously differentiable (the same as C^1 functions). Then $f(\mathbf{x})$ has a unique global minimizer \mathbf{x}^* , which is the only critical point of the function.

1) Convex $f(x)$ may not have a minimizer : $f(x) = x$

2) Strictly Convex $f(x)$ may not have a minimizer : $f(x) = e^x$

3) Strong Convex $f(x)$ has a unique minimizer : $f(x) = x^2$

Singular Values of $A \in \mathbb{R}^{n \times n}$ is denoted by $\sigma_i(A)$

Definition $\sigma_i(A) = \sqrt{\lambda_i(A^T A)} = \sqrt{\lambda_i(A A^T)} \geq 0$

\hookrightarrow eigenvalue of $(A^T A)$

Facts/Theorems :

① If A is real symmetric, $\sigma_i(A) = |\lambda_i(A)|$

② If A is real symmetric and PSD, $\sigma_i(A) = \lambda_i(A)$

③ $\|A\| = \max_{x \in \mathbb{R}^n} \frac{\|Ax\|}{\|x\|} = \max_i \sigma_i(A)$ spectral norm of A
 $\Delta x = \frac{1}{n+1}$

Example : $f(x) = \frac{1}{2} x^T K x - x^T b$

$\nabla f = Kx - b$

$\nabla^2 f = K$

$K = \frac{1}{\Delta x^2} \begin{pmatrix} 2 & -1 & & \\ -1 & 2 & -1 & \\ & -1 & 2 & -1 \\ & & -1 & 2 \end{pmatrix}_{n \times n}$

$K > 0 \Rightarrow \sigma_i(K) = \lambda_i(K)$

$\lambda_i(K) = 4 \frac{1}{\Delta x^2} \sin^2\left(\frac{\pi}{2} i \Delta x\right)$

$= 4 \frac{1}{\Delta x^2} \sin^2\left(\frac{\pi}{2} i \Delta x\right)$

So we get

$\left(K \text{ is the discrete Laplacian matrix see my MA 615 notes} \right)$

$$\textcircled{1} \quad \|K\| \leq \max_i \sigma_i = 4 \frac{1}{\Delta x^2} \sin^2\left(\frac{\pi}{2} \frac{n}{n+1}\right) < 4 \frac{1}{\Delta x^2}$$

$$\textcircled{2} \quad \lambda_1 < \lambda_2 < \dots < \lambda_n$$

$$\Rightarrow \lambda_1 I \leq K \leq \lambda_n I \quad \text{meaning} \begin{cases} \lambda_n I - K \text{ is PSD} \\ K - \lambda_1 I \text{ is PSD} \end{cases}$$

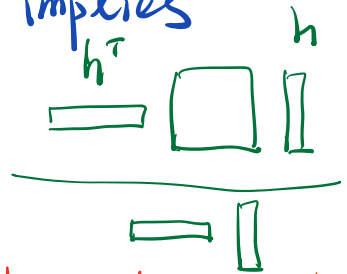
$$\textcircled{3} \quad \lambda_n = 4 \frac{1}{\Delta x^2} \sin^2\left(\frac{\pi}{2} \frac{n}{n+1}\right) < 4 \frac{1}{\Delta x^2}$$

$$\lambda_1 = 4 \frac{1}{\Delta x^2} \sin^2\left(\frac{\pi}{2} \Delta x\right)$$

$$\Delta x = \frac{1}{n+1}$$

$$\text{So } \|\nabla^2 f\| = \|K\| < 4 \frac{1}{\Delta x^2} \text{ implies}$$

$$\frac{h^T \nabla^2 f h}{h^T h} \leq \lambda_n < 4 \frac{1}{\Delta x^2}$$



\rightarrow C-F-W minmax principle

$$\Rightarrow \underbrace{(y-x)^T \nabla^2 f[\cdot]} \underbrace{(y-x)} < \frac{4}{\Delta x^2} \|y-x\|^2$$

Lemma 2.1 (Descent Lemma). Assume $\nabla f(x)$ is Lipschitz-continuous with Lipschitz constant L , then

$$f(y) \leq f(x) + \langle \nabla f(x), y-x \rangle + \frac{L}{2} \|x-y\|^2.$$

$$\|\nabla f(x) - \nabla f(y)\| \leq L \|x-y\|$$

Remark 2.3. Notice that there is no assumption on the existence of Hessian. But if assuming $\|\nabla^2 f\| \leq L$, then by Theorem 1.4,

$$f(y) = f(x) + \langle \nabla f(x), y-x \rangle + \frac{1}{2} \frac{(x-y)^T \nabla^2 f(z) (x-y)}{h^T K h}$$

$$\|K\| \leq L$$

which implies

$$f(y) \leq f(x) + \langle \nabla f(x), y-x \rangle + \frac{L}{2} \|x-y\|^2,$$

$$-L \leq \lambda_i(K) \leq L$$

$$f(y) \geq f(x) + \langle \nabla f(x), y-x \rangle - \frac{L}{2} \|x-y\|^2,$$

$$-L \leq \frac{h^T K h}{h^T h} \leq L$$

Remark 2.4. Notice that there is no assumption on convexity. But if assuming strong convexity of $f(\mathbf{x})$, by Theorem 1.1,

$$f(\mathbf{y}) \geq f(\mathbf{x}) + \langle \nabla f(\mathbf{x}), \mathbf{y} - \mathbf{x} \rangle + \frac{\mu}{2} \|\mathbf{x} - \mathbf{y}\|^2.$$

$$\text{If } \nabla^2 f(\mathbf{x}) \geq \mu \mathbf{I}, \quad \min_i \lambda_i(\nabla^2 f) \geq \mu \Rightarrow \frac{\mathbf{h}^\top \nabla^2 f \mathbf{h}}{\mathbf{h}^\top \mathbf{h}} \geq \mu$$

Lemma 2.2 (Sufficient Decrease Lemma). Assume $\nabla f(\mathbf{x})$ is Lipschitz-continuous with Lipschitz constant L , then the gradient descent method (2.1) satisfies

$$f(\mathbf{x}) - f(\mathbf{x} - \eta \nabla f(\mathbf{x})) \geq \eta \left(\frac{L}{2} - \eta \right) \|\nabla f(\mathbf{x})\|^2, \quad \forall \mathbf{x}, \forall \eta > 0.$$

Proof. Lemma 2.1 gives $f(\mathbf{y}) \leq f(\mathbf{x}) + \langle \nabla f(\mathbf{x}), \mathbf{y} - \mathbf{x} \rangle + \frac{L}{2} \|\mathbf{y} - \mathbf{x}\|^2$

$$f(\mathbf{x} - \eta \nabla f(\mathbf{x})) \leq f(\mathbf{x}) + \langle \nabla f(\mathbf{x}), -\eta \nabla f(\mathbf{x}) \rangle + \frac{L}{2} \|\eta \nabla f(\mathbf{x})\|^2.$$

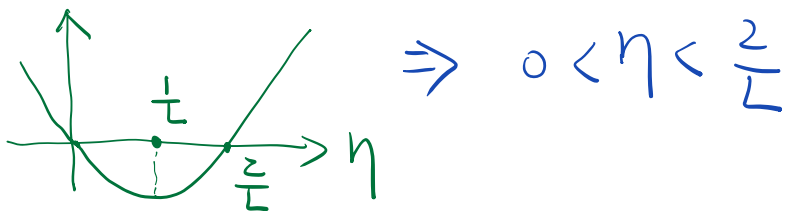
□

$$\text{GD } X_{k+1} = X_k - \eta \nabla f(X_k)$$

$$f(X_{k+1}) - f(X_k) \leq -\eta \left(1 - \frac{L}{2}\eta\right) \|\nabla f(X_k)\|^2$$

I. To have $f(X_{k+1}) < f(X_k)$, we need

$$-\eta \left(1 - \frac{L}{2}\eta\right) = \frac{L}{2}(\eta^2 - \frac{2}{L}\eta) = \frac{L}{2}\left(\eta - \frac{1}{L}\right)^2 - \frac{L}{2} < 0$$



Stability

① GD $X_{k+1} = X_k - \eta \nabla f(X_k)$ with $\eta > 0$ is

numerically stable if $\eta < \frac{2}{L}$

$f(X_*) \leq f(X_{k+1}) < f(X_k)$ if global minimum $f(X_*)$ exists.

② In practice it's hard to have exact L .

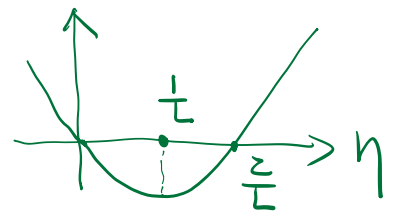
Assume ∇f is L -continuous, then

GD is stable for any $\eta \in (0, \frac{2}{L})$ with unknown L

\Rightarrow GD is stable for small enough η .

II. "Best" constant step size is to minimize $-\eta(1 - \frac{L}{2}\eta)$

$$\eta = \frac{1}{L}$$



$$\Rightarrow f(x_{k+1}) - f(x_k) \leq -\eta(1 - \frac{L}{2}\eta) \|\nabla f(x_k)\|^2$$

$$\min_{\eta} f(x_k - \eta \nabla f(x_k))$$

$$\leq -\frac{L}{2} \|\nabla f(x_k)\|^2$$

"Best" only in the sense of minimizing $-\eta(1 - \frac{L}{2}\eta)$

III. Convergence of Constant Step Size $\eta \in (0, \frac{2}{L})$

$$f(x_{k+1}) - f(x_k) \leq -\eta(1 - \frac{L}{2}\eta) \|\nabla f(x_k)\|^2$$

$$\eta \in (0, \frac{2}{L}) \Rightarrow \omega = \eta(1 - \frac{L}{2}\eta) > 0$$

$$f(x_k) - f(x_{k+1}) \geq \omega \|\nabla f(x_k)\|^2$$

① Sum it for $k=0, 1, 2, \dots$

$$\sum_{k=0}^{\infty} [f(x_k) - f(x_{k+1})] \geq \omega \sum_{k=0}^{\infty} \|\nabla f(x_k)\|^2$$

② $\{f(x_k)\}$ is a decreasing sequence, thus it is also bounded ($f(x_*) \leq f(x_k) < f(x_0)$)

Completeness Theorem of Real numbers

- monotone bounded sequence as a limit.

So $\lim_{k \rightarrow \infty} f(x_k)$ exists (doesn't imply $\lim_{k \rightarrow \infty} x_k$ exists)

$$\text{LHS} = f(x_0) - \lim_{k \rightarrow \infty} f(x_k)$$

$$\sum_{k=0}^{\infty} \|\nabla f(x_k)\|^2 \leq \frac{1}{\omega} [f(x_0) - \lim_{k \rightarrow \infty} f(x_k)]$$

$g_n = \sum_{k=0}^n \|\nabla f(x_k)\|^2$ is \uparrow and bounded

The series $\sum_{k=0}^{\infty} \|\nabla f(x_k)\|^2$ converges

$$\Rightarrow \lim_{k \rightarrow \infty} \|\nabla f(x_k)\| = 0$$

(doesn't imply $\lim_{k \rightarrow \infty} x_k$ exists)

(3) Let $g_N = \min_{0 \leq k \leq N} \|\nabla f(x_k)\|$, then

$$f(x_k) - f(x_{k+1}) \geq \omega \|\nabla f(x_k)\|^2$$

$$\Rightarrow \sum_{k=0}^N \|\nabla f(x_k)\|^2 \leq \frac{1}{\omega} [f(x_0) - f(x_{N+1})]$$
$$\leq \frac{1}{\omega} [f(x_0) - f(x_*)]$$

$$(N+1) g_N^2 \leq \sum_{k=0}^N \|\nabla f(x_k)\|^2$$

$$\Rightarrow g_N \leq \frac{1}{\sqrt{N+1}} \sqrt{\frac{1}{\omega} [f(x_0) - f(x_*)]}$$

Theorem

Assume ∇f is L -continuous.

Assume $f(x) \geq f(x^*)$, $\forall x \in \mathbb{R}^n$

Then for $x_{k+1} = x_k - \eta \nabla f(x_k)$

where $\eta \in (0, \frac{2}{L})$ is a constant:

$$\textcircled{1} \quad f(x_{k+1}) - f(x_k) \leq -\eta \left(1 - \frac{L}{2}\eta\right) \|\nabla f(x_k)\|^2$$

$$\textcircled{2} \quad \lim_{k \rightarrow \infty} \|\nabla f(x_k)\| = 0 \quad \omega = \eta \left(1 - \frac{L}{2}\eta\right)$$

$$\textcircled{3} \quad \min_{0 \leq k \leq N} \|\nabla f(x_k)\| \leq \frac{1}{\sqrt{N+1}} \sqrt{\frac{1}{\omega} [f(x_0) - f(x^*)]}$$

III. Convergence of $\{x_k\}$ for convex $f(x)$

Theorem If ∇f is L -continuous and $f(x)$ is convex:

$$(a) \quad f(x) + \langle \nabla f(x), y - x \rangle + \frac{1}{2L} \|\nabla f(x) - \nabla f(y)\|^2 \leq f(y)$$

$$(b) \quad \|\nabla f(x) - \nabla f(y)\|^2 \leq L \langle \nabla f(x) - \nabla f(y), x - y \rangle$$

Theorem

Assume ∇f is L -continuous.

Assume $f(x) \geq f(x^*)$, $\forall x \in \mathbb{R}^n$

Assume $f(x)$ is convex.

Then for $x_{k+1} = x_k - \eta \nabla f(x_k)$

where $\eta \in (0, \frac{2}{L})$ is a constant:

$$f(x_k) - f(x^*) \leq \frac{1}{\frac{1}{f(x_0) - f(x^*)} + k\omega} < \frac{\|x_0 - x^*\|^2}{k\omega}$$

Remark: $f(x_k) - f(x^*) < \frac{\|x_0 - x^*\|^2}{\omega} \cdot \frac{1}{k}$ $\omega = \eta(1 - \frac{1}{2}\eta)$

gives convergence rate $O(\frac{1}{k})$, under the assumptions of only convexity and L -continuity.

