

Convergence Rate for Strongly Convex Function

Theorem Strong Convexity & L -continuity of ∇f

$$\langle \nabla f(x) - \nabla f(y), x - y \rangle \geq \frac{\mu L}{\mu + L} \|x - y\|^2 + \frac{1}{\mu + L} \|\nabla f(x) - \nabla f(y)\|^2$$

Remark: Convexity ($\mu=0$) & L -continuity

$$\Rightarrow \|\nabla f(x) - \nabla f(y)\|^2 \leq L \langle \nabla f(x) - \nabla f(y), x - y \rangle$$

$$\text{Convexity} \Rightarrow \langle \nabla f(x) - \nabla f(y), x - y \rangle \geq 0$$

$$\text{Strong Convexity} \Rightarrow \langle \nabla f(x) - \nabla f(y), x - y \rangle \geq \mu \|x - y\|^2$$

Theorem

Assume ∇f is L -continuous.

Assume $f(x)$ is strongly convex with μ

Then for $x_{k+1} = x_k - \eta \nabla f(x_k)$

with any $\eta \in (0, \frac{2}{L + \mu}]$:

$$\|x_k - x^*\|^2 \leq \left(1 - \frac{2\eta \mu L}{\mu + L}\right)^k \|x_0 - x^*\|^2$$

If $\eta = \frac{2}{L + \mu}$, then

$$\|x_k - x^*\| \leq \left(\frac{L/\mu - 1}{L/\mu + 1} \right)^k \|x_0 - x^*\|$$

$$f(x_k) - f(x^*) \leq \frac{L}{2} \left(\frac{L/\mu - 1}{L/\mu + 1} \right)^{2k} \|x_0 - x^*\|^2$$

Remark: ① $\frac{L}{\mu}$ is the condition number of $f(x)$.

② $f(x_k) - f(x^*) \rightarrow 0$ is faster than

$$\|x_k - x^*\| \rightarrow 0$$

Proof: Let $r_k = \|x_k - x^*\|$

$$r_{k+1}^2 = \|x_{k+1} - x^*\|^2$$

$$= \|x_k - x^* - \eta \nabla f(x_k)\|^2$$

$$= r_k^2 + 2 \langle -\eta \nabla f(x_k), x_k - x^* \rangle + \eta^2 \|\nabla f(x_k)\|^2$$

$$= r_k^2 - 2\eta \langle \nabla f(x_k) - \nabla f(x^*), x_k - x^* \rangle$$

$$+ \eta^2 \|\nabla f(x_k)\|^2$$

$$\langle \nabla f(x) - \nabla f(y), x - y \rangle \geq \frac{\mu L}{\mu + L} \|x - y\|^2 + \frac{1}{\mu + L} \|\nabla f(x) - \nabla f(y)\|^2$$

$$\langle \nabla f(x_k) - \nabla f(x_*) , x_k - x_* \rangle \geq \frac{\mu L}{\mu + L} \|x_k - x_*\|^2 + \frac{1}{\mu + L} \|\nabla f(x_k)\|^2$$

$$\leq r_k^2 - 2\eta \frac{\mu L}{\mu + L} \|x_k - x_*\|^2 - 2\eta \frac{1}{\mu + L} \|\nabla f(x_k)\|^2 + \eta^2 \|\nabla f(x_k)\|^2$$

$$= \left(1 - 2\eta \frac{\mu L}{\mu + L}\right) r_k^2 + \eta \left(\eta - \frac{2}{\mu + L}\right) \|\nabla f(x_k)\|^2$$

$$\text{So } \eta \in \left(0, \frac{2}{\mu + L}\right] \Rightarrow 0 \leq 1 - 2\eta \frac{\mu L}{\mu + L} < 1$$

$$r_{k+1}^2 \leq \left(1 - 2\eta \frac{\mu L}{\mu + L}\right) r_k^2 \Leftrightarrow 2\eta \frac{\mu L}{\mu + L} \leq 1$$

$$\Rightarrow r_k^2 \leq \left(1 - \frac{2\eta \mu L}{\mu + L}\right)^k r_0^2 \Leftrightarrow \frac{2}{\mu + L} \cdot \frac{2\mu L}{\mu + L} \leq 1$$

$$\text{If } \eta = \frac{2}{\mu + L} \Rightarrow r_k^2 \leq \left[1 - \frac{4\mu L}{(\mu + L)^2}\right]^k r_0^2$$

$$\Rightarrow r_k \leq \left[\frac{L - \mu}{L + \mu}\right]^k r_0$$

Descent Lemma

$$f(y) \leq f(x) + \nabla f(x)^T (y - x) + \frac{L}{2} \|x - y\|^2$$

$$\Rightarrow f(x_k) \leq f(x_*) + \nabla f(x_*)^T (x_k - x_*) + \frac{L}{2} \|x_k - x_*\|^2$$

$$\Rightarrow f(x_k) - f(x_*) \leq \frac{L}{2} \|x_k - x_*\|^2$$

$$\leq \frac{L}{2} \left[\frac{L - \mu}{L + \mu} \right]^{2k} \|x_0 - x_*\|^2 \quad \square$$

Convergence Rates of GD

Always assume $\nabla f(x)$ is Lip-cont. with L
 $\omega = \eta \left(\frac{2}{L} - \eta \right)$

① No other assumptions, $\eta \in (0, \frac{2}{L})$

$$\min_{0 \leq k \leq N} \|\nabla f(x_k)\| \leq \frac{1}{\sqrt{N+1}} \sqrt{\frac{1}{\omega} [f(x_0) - f(x_*)]} = O\left(\frac{1}{\sqrt{k}}\right)$$

② $f(x)$ is convex, $\eta \in (0, \frac{2}{L})$

$$f(x_k) - f(x_*) < \frac{\|x_0 - x_*\|^2}{\omega} \frac{1}{k} = O\left(\frac{1}{k}\right)$$

③ $f(x)$ is strongly convex with $\mu > 0$, $\eta \in (0, \frac{2}{L+\mu}]$

$$\|x_k - x_*\| \leq c^k \|x_0 - x_*\| = O(c^k)$$

$$f(x_k) - f(x_*) \leq c^{2k} \|x_0 - x_*\|^2 \quad c = \sqrt{1 - \frac{2\eta\mu L}{\mu + L}}$$

④ Polyak-Lojasiewicz (PL) inequality

$$(PL) \quad \frac{1}{2} \|\nabla f(x)\|^2 \geq \mu (f(x) - f(x_*)), \quad \mu > 0$$

$$\eta = \frac{1}{L}$$

$$f(x_k) - f(x_*) = \left(1 - \frac{\mu}{L}\right)^k [f(x_0) - f(x_*)]$$

1) Strong Convexity \Rightarrow PL inequality

2) $f(x) = \frac{1}{2} \|Ax - b\|^2$ may not be

strongly convex but it satisfies (PL)

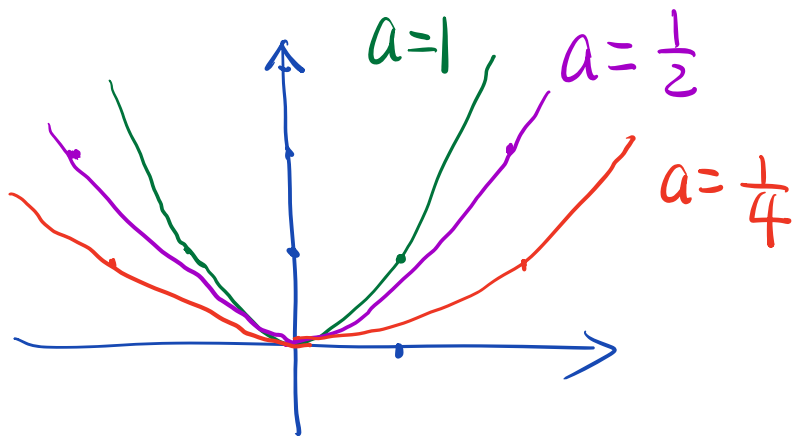
$$\nabla^2 f = A^T A = \square \square \succcurlyeq \mu I, \mu = 0$$

Remark: Larger $\mu \Rightarrow$ smaller $c = \sqrt{1 - 2\eta \frac{L}{1 + 4\mu}}$

\Rightarrow faster convergence

Example: $f(x) = ax^2 \quad x \in \mathbb{R}, a > 0$

$$\mu = 2a$$



Some Exercise:

① ∇f is L-continuous $\not\Rightarrow f$ is L-continuous

$$f(x) = x^2 \text{ is NOT L-cont}$$

$$f'(x) = 2x \text{ is L-cont.} \Leftarrow f''(x) = 2 \text{ is bounded}$$

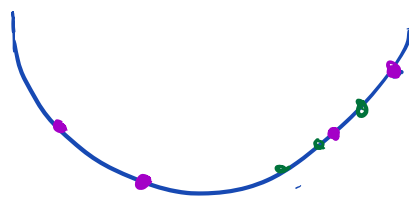
② Even if ∇f is not L-continuous on \mathbb{R} ,
Convergence Theorems we proved may still apply

$$f(x) = x^4 \text{ is convex}$$

$$f'(x) = 4x^3 \text{ is not L-cont}$$

$$\begin{array}{c} \text{---} [\text{---}] \text{---} \\ \text{---} \quad \text{---} \quad \text{---} \\ -a \quad \quad 0 \quad \quad a \end{array} \quad x_0 = a$$

$$x_{k+1} = x_k - \eta \nabla f(x_k)$$



$f''(x)$ is bounded on $[-a, a]$

$\Rightarrow f'(x)$ is L-cont. on $[-a, a]$

③ If ∇f is L -continuous with parameter $L > 0$
 $f(x)$ is strongly convex with $\mu > 0$,
then $L \geq \mu$.

$$\langle \nabla f(x) - \nabla f(y), x - y \rangle \geq \mu \|x - y\|^2$$

$$\langle \nabla f(x) - \nabla f(y), x - y \rangle \leq \|\nabla f(x) - \nabla f(y)\| \cdot \|x - y\| \leq L \|x - y\|^2$$

$\frac{L}{\mu}$ is called condition number of $f(x)$

Example: $f(x) = \frac{1}{2} x^T K x - x^T b$

If ∇f is L -continuous with parameter $L > 0$
 $f(x)$ is convex, then

$$\langle \nabla f(x) - \nabla f(y), x - y \rangle \geq \frac{1}{L} \|\nabla f(x) - \nabla f(y)\|^2 \quad ①$$

② is ① applied to $\phi(x) = f(x) - \frac{\mu}{2} \|x\|^2$

$$\langle \nabla f(x) - \nabla f(y), x - y \rangle \geq \frac{\mu L}{\mu + L} \|x - y\|^2 + \frac{1}{\mu + L} \|\nabla f(x) - \nabla f(y)\|^2 \quad ②$$

for a strongly convex function?

Case I: If $L = \mu$,

$$\langle \nabla f(x) - \nabla f(y), x - y \rangle \geq \frac{L}{2} \|x - y\|^2 + \frac{1}{2L} \|\nabla f(x) - \nabla f(y)\|^2$$

$$\left. \begin{array}{l} \text{Convexity} \\ L\text{-cont. } \nabla f \end{array} \right\} \Rightarrow \langle \nabla f(x) - \nabla f(y), x - y \rangle \geq \frac{1}{2} \|\nabla f(x) - \nabla f(y)\|^2$$

$$\text{strong convexity} \Rightarrow \langle \nabla f(x) - \nabla f(y), x - y \rangle \geq \mu \|x - y\|^2$$

Case II: If $L > \mu$, define $\phi(x) = f(x) - \frac{\mu}{2} \|x\|^2$.

Then $\left\{ \begin{array}{l} 1) \phi(x) \text{ is convex} \\ 2) \nabla \phi(x) = \nabla f(x) - \mu x \end{array} \right.$

is L -continuous with $(L - \mu)$.

$$0 \leq \langle \nabla \phi(x) - \nabla \phi(y), x - y \rangle = \langle \nabla f(x) - \nabla f(y), x - y \rangle - \mu \|x - y\|^2 \leq (L - \mu) \|x - y\|^2$$

Lemma $f(x)$ is convex and $\nabla f(x)$ is L -cont. with L

$$\Leftrightarrow 0 \leq \langle \nabla f(x) - \nabla f(y), x - y \rangle \leq L \|x - y\|^2$$

Proof: " \Rightarrow "

$$\text{Convexity} \Leftrightarrow 0 \leq \langle \nabla f(x) - \nabla f(y), x - y \rangle$$

$$C-S \Rightarrow \langle \nabla f(x) - \nabla f(y), x - y \rangle \leq \|\nabla f(x) - \nabla f(y)\| \cdot \|x - y\|$$